

**Shiksha**

**Sanskar**

**Swavalamban**



# Shiksha Sopan

**An Initiative of IIT Community for social upliftment**

Reg. Office: 391, Nankari, IIT, Kanpur 208016

**Newsletter March 2012**

The 29 days of February 2012 were full of activities together with preparation for examinations to be held in March-April. Two health camps, Science day celebration, A science Show to a local college PG students, Participation in "Walk for Kanpur" organized by the NGO Parivartan, visit to IIT Stadium, were some of the activities which Shiksha Sopan volunteers conducted.

## **Sopan Vidyalaya**

The Vidyalaya team is always coming out with programmes for the around development of children. While making regular teaching in classrooms, several programmes were conducted involving the children.

### **March Past to IIT Stadium**

21 children of higher classes together with 3 senior teachers visited IIT Stadium in order to get knowledge about tracks for Sprints of different distances. Children started from the school in a March-Past manner led by Sri R P Varsneya, singing the Azad Hind Fauz song "Kadam Kadam Badhaye Ja". Sri varsneya gave them information about 100m, 200m and 400 m track. They actually ran for 100m and made long jumps in the stadium. They came back to Sopan Vidyalaya with full of enthusiasm and shouting Nationalistic slogans.



### **FM Radio center**

Two students of Sopan Vidyalaya, Anushka and Shiwani got their song "Too Radhe Main Shyam Tera" recorded at 90.4 FM community Radio at IIT Kanpur. The Principal Seema Verma Ji gave a talk highlighting achievements of Shiksha Sopan. She specially mentioned the encouragement and vision provided by Dr H C Verma, President of Shiksha Sopan. The station also recorded her song "Yadi Jeevan Mein Safalataa paani ho.."

### **National Science Day Celebrations**

Sopan Vidyalaya arranged an impressive Science Exhibition by its children on 28<sup>th</sup> February. Students and teachers of another school in Barasirohi, GPN Vidyalaya, were specially invited. About 125 students and their teachers participated in the programme.



The Inauguration function started with lamp lighting and garlanding the image of Goddess Maa Saraswati. Dr Sameer Khandekar (IITK Professor), Dr H C Verma (IITK Professor), Sri Lakhan Lal Vishwakarma (Principal GPN Vidyalaya), Sri Virendra (IITK PhD student), Sri Ashish (IIT PhD student) expressed their views on the importance of science in the society and need to develop scientific thinking from the very beginning. Sri R P Varshney conducted the programme and summarized each speaker's message. He involved children in very interesting and interacting way.

Shiksha Sopan President Dr H C Verma expressed deep satisfaction on participation of GPN school in the programme and told that we have to make collective efforts to make progress in the society. GPN School teachers assured continued association with Shiksha Sopan.

Children of Sopan Vidyalay had put up an impressive Poster Exhibition depicting work of various famous scientists and scientific phenomena. The posters were very well designed and colored and conveyed the science in many different areas such as solar system, satellites, leaf structure, force etc.

A separate exhibition cum talk was arranged on working of human heart. Sopan teachers and students had made beautiful posters showing internal and external description of heart, flow of blood, heart diseases and their prevention. Selected children from Sopan Vidyalaya explained all this to the visitors.

Another section of the Science day programme was demonstration of about 10 experiments using every-day materials. Children performed the experiments and explained the science behind them. GPN students and teachers enjoyed these experiments very much.

Science Team coordinator Deepak Agnihotri Ji was present with the children in the programme.



## **Health Camp at Barasirohi and Ratanpur**

### **General Check up at Barasirohi**

Shiksha Sopan and Vivekanand Samiti IITK, in collaboration with Ramakrishna Ashram Kanpur, organized a Health Camp for spreading general awareness about health issues and a check up to detect any problem for the villagers of Barasirohi including all children of Sopan Vidyalaya and Barasirohi Evening Center. Four reputed doctors of Kanpur, Dr G K Tiwari, Dr M R Gupta, Dr Mohita Gulati and Dr Sutapa Mandal, gave their services for the camp. Dr O P Mishra, CMO, IITK Health Center was also present for some time.

The camp started with lamp lighting before the image of Swami Vivekanand and garlanding this image by the Swami Tejomayanand Ji of Ramakrishna Ashram, Dr O P Mishra, other doctors and Dr H C Verma. The villagers were all sitting together and were addressed by dignitaries to explain the importance of SEVA among the weaker sections and how the organizing groups are involved in it.



Dr G K Tiwari explained to the children and villagers, how one can keep many of the diseases away just by following simple habits like cleaning mouth with water every time after eating any sticky material like chocolate, washing hands before the meals, keeping the house and environment clean etc.

After the initial address, actual check up started. Doctors were stationed in four different rooms. People were given registration slips with which they were sent to a doctor. The doctors examined them and advised certain medicine if needed. There were a number of medicines available in the camp many of which were bought by Ramakrishna Mission hospital and some were donated by Dr O P Mishra Ji. After getting checked up people were directed to the Medicine stall where the volunteers gave medicines written on the slip.



A total of 340 persons got checked up in this Free Medical Camp. Doctors pointed out to the organizers that in general people were suffering with malnutrition. All were very satisfied with the large turn up and the smooth management of the event.

### **Eye Test camp at Ratanpur**

On 19<sup>th</sup> February, we conducted a Free Eye test camp at Nav Srijan Saraswato Vidya Niketan School, Ratanpur. Sr Anju Mishra came the required medical instruments. There were some problems as there was no electricity but later, with help of generators instruments could work. Dr Anju Mishra was very enthusiastic and for each person she examined the eyes very carefully. To the persons needing specs or cataract operation, the Mission offered services at reduced rates. Though the turn up was not as large as at the general health camp, the 72 persons coming for tests were very satisfied.





## News in Brief

### **Sopan Children participate in "Walk for Kanpur"**

"Parivartan" a Kanpur based NGO is working very actively to make Kanpur cleaner and greener. They arranged a big event "Walk for Kanpur" on 5<sup>th</sup> February. 21 Sopan children and some volunteers participated in this rally. They assembled at Campus school, IITK from where they were taken to Green Park. After the inaugural function a large number of enlightened Kanpurites started the walk. With placards in hand and walking for Kanpur, sopan children too were feeling deeply attached to their city. The whole programme widened their horizons.

### **Shiksha Sopan volunteer invited for Science day programme at Lucknow**

Indian Association of Physics Teachers, Lucknow unit conducted a full day workshop for physics teachers and students. Shiksha Sopan Secretary, Mr Amit K Bajpai was especially invited as the main Resource person. He conducted several experiments and explained how science can be experienced in everyday life.

### **E-aided class on bacteria**

A special lecture was designed by NSS students on 21<sup>st</sup> February for Shiksha Sopan children using power point slides and videos, The lecture was on bacteria and their role in spreading diseases. Children from all centers attended the class and learned about bacteria in efficient manner.

### **PPYJ coordinator gives special classes for children**

PPYJ children have 10<sup>th</sup> board exam in March. The coordinator Vinita Ji is giving them special classes at her house in the morning in addition to the regular classes at the evening that she coordinates.

### **A new programme RICH planned**

Shiksha Sopan has planned a new programme named "Reviving Indian Cultural Heritage" , RICH. As the first event we will be doing a RAMAYAN based competitions for school students on 23<sup>rd</sup> March. It has three different sections, for primary, middle and high school (9-12) students.

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## Other Informations

**Web site** : For more details please visit [www.shiksha-sopan.org](http://www.shiksha-sopan.org)

**How to donate** : The cheques/draft for donations should be made in the name of "Shiksha Sopan" payable at Kanpur. Donors may kindly give their personal details such as name, postal address, email address, so that the receipt, updates etc. may be sent. One can also make online transfer to Shiksha Sopan account in State Bank of India, IITK branch in the Account 10426002488 in the name "Shiksha Sopan". People in US can use the link <http://indolink.com/iitk/> to donate through IIT Kanpur foundation using credit cards.

**Email Contacts** : [hcoverma@iitk.ac.in](mailto:hcoverma@iitk.ac.in), [samkhan@iitk.ac.in](mailto:samkhan@iitk.ac.in), [sopanbajpai@gmail.com](mailto:sopanbajpai@gmail.com)

**Postal Contact** : Dr Sameer Khandekar, Dept of Mech.Engg., IIT Kanpur 208016  
Dr H C Verma, Dept of Physics, IIT Kanpur, Kanpur 208016

**Phone contacts** : Mr. Amit 9506611484, Mr. Ranjan 9236086966

